



# Eurobesitas



The **World Obesity Day Prizes** awarded to laureates from six European countries.

Regarding the **Obesity Day Europe Awards for 2020/2021** hashtag **#ObesityDayEurope**, [www.woday.eu](http://www.woday.eu), the **Swiss Patient Association EUROBESITAS** won the **ECPO award for Best Public Engagement Program**. It has used all its resources into producing and publicizing this video to raise awareness among the public and health professionals on the subject of the stigma that people with obesity often face. It highlights a better approach that should be followed by health professionals. This video was made possible thanks to **the World Obesity Day grant** allocated to Eurobesitas and Perceptio cibus. Perceptio cibus was able to contribute financially to the costs of making the video.

The seven-minute video entitled "**COURAGE**" was entirely produced by amateur actors from *Eurobesitas* and was written and directed by Dr. Dominique Durrer, obesity specialist and President of the *Eurobesitas* Patients' Association, and by the members of the *Eurobesitas* Committee ([www.eurobesitas.org](http://www.eurobesitas.org))

The film was made in French but with English and German subtitles and a dubbed version in Portuguese.

The film's release coincided with World Obesity Day Europe on March 4, 2021 and received great attention from the media and social networks as well as from health professionals. It will be used for the training of doctors and health professionals in many university centers in Switzerland and more widely in Europe.

The film "**Courage**" can be viewed at [https://youtu.be/yEbqq\\_-qjfs](https://youtu.be/yEbqq_-qjfs)

In addition, a short film on the making of the video can be seen at <https://vimeo.com/561095639/d0f655407f>

Other World Obesity Day in Europe award winners include organizations from Ireland, Slovakia, Czech Republic, Portugal and France. More details about the awards and winners can be found on the World Obesity Day in Europe website [www.wod.eu](http://www.wod.eu).

For more information on **the Eurobesitas Award**, please contact **Eurobesitas** : 0041 21 923 53 33 or visit [www.eurobesitas.org](http://www.eurobesitas.org)

